

HEADWAY AYRSHIRE "Community Outreach Project"

"Exciting News - Enhanced Service Provisions!"

Message from Evelyn McNair - Chair, and Jayne McClymont - Manager

We are absolutely delighted to advise you that following a recent consultation exercise with some of our service users, Headway Ayrshire will be implementing a new Service Delivery Model on 1st November 2021. The new model will be known as our "Community Outreach Project". The aim of the new model is to ensure that our service provisions are positively enhanced, and to make them more accessible to our service users at various locations across Ayrshire.

How do these positive changes affect you?

Community Rehabilitation Groups

Tuesday: Sutherland House, Ayr.

Thursday: Hurlford Community Centre, Hurlford.

As Clients of Headway Ayrshire, you will be able to participate in our Community Rehabilitation Groups, which will now run from (10.00 am until 3.00 pm).

It is envisaged that the Community Rehabilitation Groups will commence in November 2021 (date to be confirmed), and the format of the day will be as follows:

10.00 am until 12.00 noon

Morning Session

12.00 noon until 1.00 pm

Break

1.00 pm until 3.00 pm

Afternoon Session

Given the COVID/pandemic situation, the intention is to have informal chats and some quizzes/games at the weekly groups for an interim period – this will allow Clients to build their confidence in terms of venturing out and mixing with peers again.

A timetable of activities will be implemented at the start of 2022 and will be agreed by management and Focus Group Members.

To enable the Charity to extend the running times of the Groups, which will ultimately enable more Clients to access the activities, there will be a slight change to the costs for attending, as follows:

• Attendance for a morning or afternoon session (2 hours) £3.00

Attendance for a full day (5 hours)
 £5.00

The cost will contribute towards tea/coffee/biscuits and room hire.

If you wish to attend for a full day, you are welcome to bring a cold sandwich lunch with you to enjoy during the break period (12.00 noon until 1.00pm). Please note that <u>no meals will be cooked or prepared on the premises!</u>

Outreach Clinics across Ayrshire

As Clients and Carers of Headway Ayrshire, you will be able to meet with one our Community Outreach Support Officers at various Outreach Clinics across Ayrshire. The Clinics will be easily accessible and will take place in a safe and confidential environment where you can meet with one of the team for any information, advice and support services that we provide.

The Outreach Clinics will run at the following locations:

South Ayrshire (x1 Monday per month)

- 24 Fullarton Street, Ayr.
- Prestwick venue to be confirmed.

East Ayrshire (x1 Friday per month)

- CVO Offices, 16 Brewery Road, Kilmarnock
- The Portland, 2-4 Cross, Galston (Galston Community Trust)

North Ayrshire (x1 Friday per month)

Douglas Grant Rehabilitation Unit, Ayrshire Central Hospital, Irvine

The Outreach Clinics are free to attend and will be by appointment only. If you would like an appointment at one of the Clinics, please contact the Community Outreach Support Officer responsible for your Local Authority area for (details overleaf).

Other Services Available

Please be assured that the Charity is fully committed to being truly people-led and will continue to deliver other important service provisions as follows:

Advocacy Home Visits Carers Meetings Carers Education
Arts & Crafts Cognitive Education Numeracy & Literacy Memory Work
Group Outings Awareness Raising Volunteering

Fundraising

As you know, COVID has had a negative effect on fundraising opportunities. However, upon exit from the pandemic, we would like to encourage everyone to do some fundraising for the Charity to ensure that it remains open and able to provide essential services. No fundraiser is too small and every penny counts! Please discuss any ideas with one of the team!

If you have any questions, or would like further information on our new Service Delivery Model, please contact the Community Outreach Support Officer responsible for your Local Authority area:

Local Authority Area	Contact Details
East Ayrshire	Linda Cathie Mobile: 07543140296 E-mail: Linda@headway-ayrshire.org.uk
South Ayrshire	Alison Ashman Mobile 07534140293 E-mail: Alison@headway-ayrshire.org.uk
North Ayrshire	Both Alison and Linda – details above.

Alternatively, you can call the office on Tel: 01292-618090 for further information.

Clients Virtual Cafés & Group Zoom Sessions

Given that we are a small team, it is not possible to continue with digital engagement for the above. The session will therefore cease on 15th October 2021, to allow the team to concentrate their efforts on implementing the new enhanced service provisions. We would like to thank the regulars for their attendance and participation during the pandemic!

Office Move

On Monday 1st November 2021, the Charity will be moving premises to 24 Wellington Square in Ayr. Please note that the new premises will operate as an *Office "HUB" for staff only*. If Clients wish to meet with a Community Outreach Support Officer, they should contact them direct to arrange an appointment at one of the Outreach Clinics, or arrange a Home Visit (if applicable within your Local Authority area).

We would like to take this opportunity to thank you for your continued support during these challenging times.

Evelyn McNair

Chair – Headway Ayrshire

Jayne McClymont

Manager - Headway Ayrshire

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