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| **TUESDAY**  **3rd August** | **THURSDAY**  **5th August** | **TUESDAY**  **10th August** | **THURSDAY**  **12th August** |
| **Group Zoom Session**  **11am – 12pm**  **ACTIVITY**  Day/Night drawing- a half-and-half drawing of a daytime and night time scene. Following step-by-step instructions, we will complete our artwork in stages. Materials needed - paper, pencil/pen and something circular to draw round (a side plate would be ideal  **DISCUSSION**  What have I missed most in during the lockdown period | **Group Zoom Session**  **11am – 12pm**  .  **ACTIVITY**  Day/Night drawing- a half-and-half drawing of a daytime and night time scene. Following step-by-step instructions, we will complete our artwork in stages. Materials needed - paper, pencil/pen and something circular to draw round (a side plate would be ideal  **DISCUSSION**  What have I missed most in during the lockdown period | **Group Zoom Session**  **11am – 12pm**  **ACTIVITY**  Who Am I game - a Zoom friendly version of guess who. Each participant is allocated a character and has to guess who they are by asking questions. No materials needed unless you want to be able to jot down who is who!  **DISCUSSION**  My previous jobs were: | **Group Zoom Session**  **11am – 12pm**  **ACTIVITY**  Who Am I game - a Zoom friendly version of guess who. Each participant is allocated a character and has to guess who they are by asking questions. No materials needed unless you want to be able to jot down who is who!  **DISCUSSION**  My previous jobs were: |
| **TUESDAY**  **17th August** | **THURSDAY**  **19th August** | **TUESDAY**  **24th August** | **THURSDAY**  **26th August** |
| **Group Zoom Session**  **11am – 12pm**  **ACTIVITY**  Kim’s game - good old-fashioned memory game. Objects are arranged on a tray and then covered. Can we remember all of them? No materials needed.  **DISCUSSION**  What memory strategies do you use to help with daily life | **Group Zoom Session**  **11am – 12pm**  **ACTIVITY**  Kim’s game - good old-fashioned memory game. Objects are arranged on a tray and then covered. Can we remember all of them? No materials needed.  **DISCUSSION**  What memory strategies do you use to help with daily life | **Group Zoom Session**  **11am – 12pm**  **ACTIVITY**  Whale circle drawing- a stylised seascape drawing within a circle. We will follow step-by-step examples until everyone has completed it. Simple but effective. Materials needed- paper, pencils/pen and again something circular to draw round would be great (a side plate or bowl would be ideal).  **DISCUSSION**  Quiz | **Group Zoom Session**  **11am – 12pm**  **ACTIVITY**  Whale circle drawing- a stylised seascape drawing within a circle. We will follow step-by-step examples until everyone has completed it. Simple but effective. Materials needed- paper, pencils/pen and again something circular to draw round would be great (a side plate or bowl would be ideal).  **DISCUSSION**  Quiz |
| **Tuesday**  **31st August** | **Thursday**  **2nd Sept** |  |  |
| **Group Zoom Session**  **11am – 12pm**  **ACTIVITY**  20 Questions game - a game where all participants answer the same 20 questions about themselves as a ‘get to know you better’ exercise. It could be reduced to 10 or 15 depending on time constraints and number of participants. No materials needed.  **DISCUSSION**  Are there any other interesting facts about yourself that we don’t know about. | **Group Zoom Session**  **11am – 12pm**  **ACTIVITY**  20 Questions game - a game where all participants answer the same 20 questions about themselves as a ‘get to know you better’ exercise. It could be reduced to 10 or 15 depending on time constraints and number of participants. No materials needed.  **DISCUSSION**  Are there any other interesting facts about yourself that we don’t know about. |  |  |