

# HEADWAY AYRSHIRE



the brain injury association

## Raising Awareness of Brain Injury

Welcome to our  
**AUTUMN NEWSLETTER**  
2019  
Issue 2



### SPONSORED WALK 2019



Many thanks to our members from the Ayr & Kilmarnock Community Rehabilitation Groups, and their family members and friends who took part in the Sponsored Walk on Thursday 23rd May 2019. The walk took place at the Howard Park in Kilmarnock, and a fantastic day was had by all, and we even had sunshine! Everyone had a great time and enjoyed some refreshments and chat afterwards. Huge congratulations to all who took part. The Sponsored Walk raised over £3000, so THANK YOU to everyone who donated.

# 25

## “CHALLENGE 25”

# 25

On the 4th December 2019, Headway Ayrshire will be celebrating its 25th Anniversary! To acknowledge the invaluable contribution the Charity has made over the years and to keep it running for another 25 years, we have set-up our “Challenge 25” Fundraising Campaign. The purpose of the Campaign is to actively encourage our members, their families and friends to participate in fundraising activities. Anyone interested in undertaking fundraising should contact the office for further information and sponsor forms.

## BRAIN INJURY IDENTIFICATION CARD



If you are a Client of Headway Ayrshire, you will be eligible to sign up for your personal Brain Injury I.D. Card. The card will provide information on your brain injury, detailing any difficulties you may have.

The card can be used in everyday life to assist with any difficulties you may be faced with, for example, in local shops, and when using public transport etc.

If you wish to apply for a card, please contact the office.

## RECEIVING OUR NEWSLETTER

If you wish to receive our Newsletter by email, please email the office at [info@headway-ayrshire.org.uk](mailto:info@headway-ayrshire.org.uk) to enable us to add your details to our distribution list.

## “HEADWAY WRISTBANDS FOR SALE”

£2.00

If you would like to purchase a Headway wristband, please contact the

## CARERS EDUCATION SESSIONS 2019 THURSDAY 3rd & 10th OCTOBER

If you are a Carer of a Headway Ayrshire Client and would like to participate, please contact the office as soon as possible.

## CARERS MEETING DATES FOR 2019

The meetings are held on the last Thursday of each month from 6.30pm until 8.30pm at the Headway Ayrshire Office. The next meetings will be held on:

31st October 2019

28th November 2019

If you wish to attend please contact the office for further information.

## PRESENTATIONS TO SCHOOLS COLLEGES AND SPORTS CLUBS

Headway Ayrshire continue to provide presentations across Ayrshire in relation to the prevention/raising awareness of brain/head injury, and concussion in sports, as well as promoting our services.

If your school, college or sports club would like to receive a presentation, please contact the office on 01292 618090.

## ANNUAL POOL TOURNAMENT 2019

Our Annual Pool Tournament was once again a great success! The winner of this year's tournament was John McMillan—congratulations John!



## NUMERACY & LITERACY TUITION



If you are a Client of Headway Ayrshire, and feel that you would benefit from some assistance with numeracy & literacy skills, and coping strategies, please contact the office for further information.

### OUR CONTACT DETAILS

Headway Ayrshire, Suite 4, Beresford Court, Beresford Lane, Ayr, KA7 2DW Tel: 01292 618090  
[info@headway-ayrshire.org.uk](mailto:info@headway-ayrshire.org.uk) [www.headway-ayrshire.org.uk](http://www.headway-ayrshire.org.uk) Scottish Charity No: SCO13340

### MISSION STATEMENT

To promote understanding of all aspects of head/brain injury and to provide information, advice, and support services to people with a brain injury (or who have had a traumatic head injury and show signs and symptoms of a brain injury) their families and carers. In addition, Headway will campaign to reduce incidents of head/brain injury.

Headway Ayrshire, Suite 4, Beresford Court, Beresford Lane, Ayr KA7 2DW  
Registered Office at the above address  
A Company Limited by guarantee  
Registered Company Number: 177535

